

FLO-TECH® SOFTIE™-TF Protocol

Use in cases where minimizing the effects of injury at bed rest holds a higher priority than early or immediate post-surgical ambulation.

This protocol will help the healing and rehabilitation qualities of the SOFTIE™-TF and should be applied as early as possible after amputation.

1. Apply a thin soft dressing as thick as the Surgeon deems appropriate for the patient's condition and prognosis.
2. *Apply a 2-ply to 3-ply soft amputation sock.
 - a. Gently roll the sock to make application less stressful to the surgical site and less painful to the patient.
 - b. Apply non-allergenic skin glue (Hollister Medical Adhesive [Hollister also makes a solvent for removal]), if desired.
3. An optional reticulated pad is available from **FLO-TECH®** and should be applied at this point.
4. *Apply an outer 2-ply to 3-ply soft amputation sock to wick away moisture.
 - a. Gently roll the sock to make application less stressful to the surgical site and less painful to the patient.
 - b. This sock should be changed 1 to 2 times a day.
5. Apply the **FLO-TECH®** SOFTIE™-TF without the neoprene socket bands to determine the proper interior allowance for the length of the residuum.
 - a. Apply the distal neoprene cap.
 - b. Insert a 1", 2" or both pads (equaling 3") to prevent edema.
 - i. Fill the space between the distal end of the amputated limb and the neoprene cap at the distal portion of the socket.
6. Apply the neoprene socket bands – snug NOT tight.
 - a. Apply the neoprene socket band.
 - i. Be sure all exposed tissue is covered.
7. Remove the **FLO-TECH®** SOFTIE™-TF 2 times per day.
 - a. Once in the AM and once in the PM.
 - i. Range the hip per Doctor's orders and instructions from the Physical Therapist.
 - ii. Change outer sock if damp.

* **FLO-TECH®** carries pre-rolled Royal Knit® Cool Max® 2-ply amputation socks

